



How and What do we need to do for Extreme Hygiene 2020?

- Introduce fresh outdoor air as much as possible
<https://www.greenschoolyards.org/covid-19/outside>
- Use opportunities to reduce time spent indoors by bringing children outside, weather permitting while maintaining physical distancing.
- Children can carry individual tables outside and place them 6 ft apart.
- GC is how to carry a table between 2 children (wearing masks).

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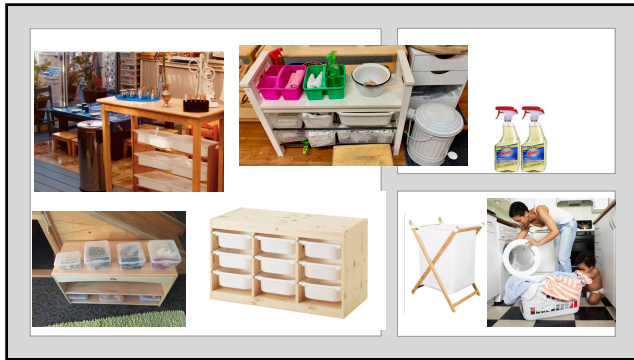
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Enhanced Sanitation Practices

Use	When choosing cleaning products, use those approved for use against COVID-19 on the Environmental Protection Agency (EPA)-approved list "N" and follow product instructions
Implement	Implement procedures to frequently clean and disinfect all high-touch surfaces,
Designate	Designate a container for toys that need to be cleaned, sanitized, or disinfected before being introduced back into the classroom
Have	Have multiple toys and manipulatives accessible that are easy to clean and disinfect throughout the day or provide individually labeled bins

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Physical Distancing Guidelines

- If possible, the same parent/caregiver should drop off and pick up the child every day. Consider designating a staff member from each class to escort in or out of facility.
- All personal items should be labeled and kept in a separate bag to ensure personal items are separate from others.
- Keep each child's bedding separate, and consider storing in individually labeled bins, cubbies, or bags.
- Ask parents/caregivers to meet at the facility entryway for pick-up and drop-off
- Arrange developmentally appropriate activities for smaller group activities and rearrange furniture and play spaces to maintain 6 feet of separation, when possible.
- For napping, place cots, cribs, and mats 6 feet apart, with heads in opposite directions
- Offer more opportunities for individual play. Plan activities that do not require close physical contact between multiple children.
- Develop spacing instructions in both indoor and outdoor spaces that are developmentally appropriate and easy for children to understand.

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Personal Hygiene

- Implement and enforce strict handwashing guidelines for all staff and children. Wash hands for 20 seconds with soap, rubbing thoroughly after application, and use paper towels (or single use cloth towels) to dry hands thoroughly. It may be helpful to sing a 20-second song while children wash.
- Use bathroom time as an opportunity to reinforce healthy habits and monitor proper handwashing.
- Install hand sanitizers, **out of the reach of children**, near all entry doors and other high traffic areas.
- Teach children to avoid contact with one's eyes, nose and mouth, and use tissue to wipe their nose and to cough/sneeze inside their elbow.
- Discontinue brushing teeth during class

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Remove shoes and put
on slippers at arrival



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paper goods and
CDPH COVID-19
s food.
s. Avoid family-
food covered
livered by staff

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How can children help set up
individual tables? Wash hands,
put on apron and wear a mask.



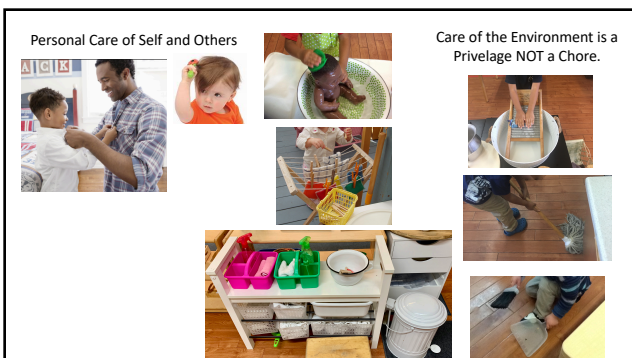
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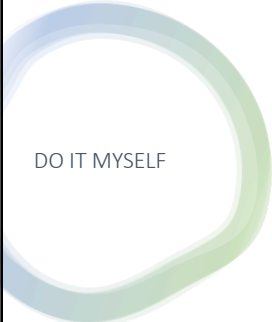
Grace and Courtesy Includes Behavior Expectations and Positive Descriptive Acknowledgements



Meal Time is More Challenging Now




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DO IT MYSELF

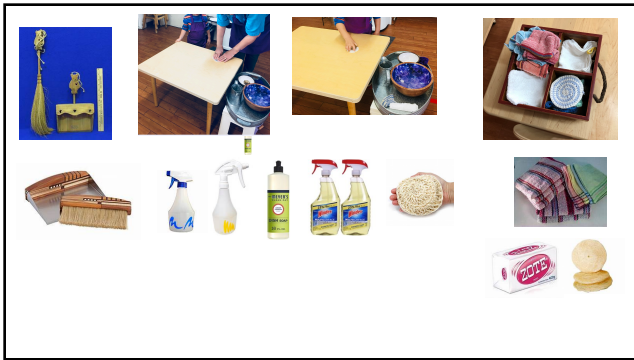
- Each time the child participates in hands-on routine activity, they continually refine their coordination, self control and sense of order through repetition of the sequence of actions.
- Children ask for help to help themselves; the sense of accomplishment comes from performing the task themselves.
- Positive Descriptive Acknowledgements (PDA) adds language to actions (parallel talk) and helps children attain self efficacy instead of competing for adult praise.

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Real Life Activities Provide the Foundation for Learning about Self and Community

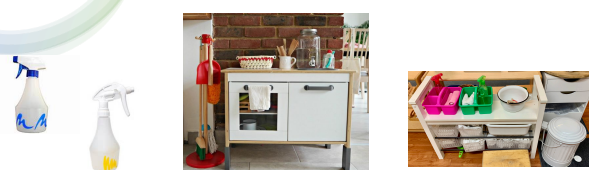
- Real life routines are a bridge between the home and the school life.
- It is not enough to have all the academic areas and interest areas; there must be a social family life that includes children sharing in routines, using their home language and acquiring the language of their learning community.

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Guidelines for the Real Life Exercises



Preparation:

Design of tools and materials must be safe.

Size of tool must match the hand

Easy access in sequence of use of tools

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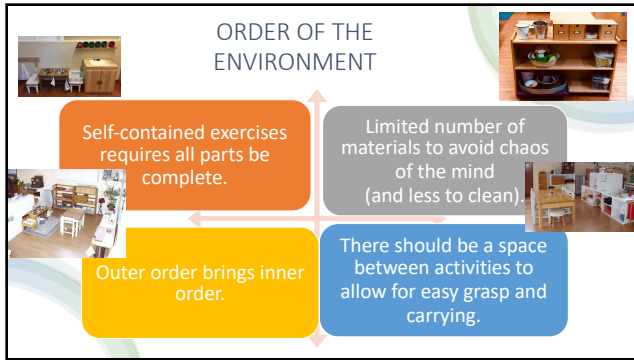


Materials should be beautiful and call to the child to come touch them.

Everything should be meticulously clean.

Color coded activities will attract the child and aid his sense of order, especially with multi-sequential exercises.

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Arrangement:

The furniture and objects need to have a particular place in the environment.

Children need to know where things are. We need to return activities to their original location.

Everything should be within the child's reach and near a water source on a linoleum or wood floor.

All these activities should be grouped together on the shelf or in special area of the room.

Exceptions might include: shoe polishing near entrance; grooming table at entrance or in bathroom.

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Preparation and Cleaning

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Real Life Activities in Review

- How to wash your hands
- How to wash the table with soapy water
- How to clear your dishes before washing hands
- How to disinfect/sanitize tools between uses.
- How to sweep the floor and gather the piles into the dustpan.
- How to carpet sweep and empty the collector bin
- How to mop up a spill
- How to wash your own: tray, dishes, placemat, toys.
- How to wash the acrylic divider with a squeegee
- How to wash your own cloth towels or baby doll clothes